

# What Do You Want?

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## Goal Setting

### The Wrong Focus

The Negative Perspective of Need Fulfillment

- **NEED => DESIRE => GOAL SETTING => WHO KNOWS?**
  - If this process has the wrong focus (LACK) it will end in the wrong result
  - It is focused on something you don't have, and you want, which is only the symptom, not the real problem
- **CARNAL GOAL SETTING** focuses on Physical Reality (senses)
  - Is limited, limiting and linear – Life is non-linear, organic, systemic
    - It will not produce faith in God but unbelief – Adam's fall – **Gen.3:6**
    - It is based on wrong beliefs and assumptions about life
    - We have training and indoctrination to deal with (I have an MBA)
    - To achieve our Goals often we fool ourselves, justify, compromise
    - After we achieve our goals we are not happier
    - And then what? – we go after another goal with the same result – **CHASING THE WIND**
  - Thinking that Goal Setting is the solution to our needs is unscriptural – **1Tim.6:6-10**
    - Contentment = Gk. autarkia = Self-satisfaction, self-sufficiency
    - Godliness – Gk. eusebia = reverence, adoration, worship = **TO LOVE GOD**
- Carnal Goal Setting can be **FORMAL OR INFORMAL** = Setting our heart on something we want
- **SMART Goals** – are Specific, Measurable, Attainable, "RELEVANT", Time-Sensitive
  - By definition these are Physical Goals, they are Carnal
  - **DO NOT ENSURE SUCCESS** –
    - SMART Goals are superficial, they are not SMART they are Dumb because they don't deal with our real needs or problems
  - **IF THEY PRODUCE THE RESULT WE WANT** They may bring **DEATH** – **Pro.14:12**
    - Ex. – Israel complaining about the manna and wanted meat - **Ps.78:24-39**

Our Fallen (Carnal) Desires

- **OUR DESIRES** is the origin of Goal Setting = Setting your heart on something
  - This also is the **PATH OF TEMPTATION** – **Jam.1:12-17**
    - Lust = Gk. Epithumia = longing, set your heart upon
    - Looking at what we don't have, we end up helping God, instead of trusting Him
- Examples of carnal goal setting – Not wrong in themselves but wrongly approached
  - Ex. Business or Organizations – With Profit as Goal – the bottom line
    - Ignoring individuals, values and purpose
    - If they "succeed", produce rich unhappy people, broken families and pollution
    - This is why the world is a mess
  - Ex. Wanting a Wife or a Husband -
    - Then I will be happy – Not true, you are miserable now and you will be more miserable
    - Trying to get them will make you lie, compromise your values and you will get the wrong person
      - ✦ That way you get people as messed up as yourself
      - The only way is to change yourself, to be happy and the right spouse will show up.
  - Ex. Focusing on Getting Healed – Makes it more difficult to receive
    - Develop your Identity in Christ and your relationship with God
    - People wanting to have children and she cannot get pregnant, often they adopt or give up and then she gets pregnant
  - Ex. Denominations vs. The Church of Jesus Christ - **Mt.6:18**
    - May start with a move of the Holy Spirit and alive, then becomes an organization that mostly spreads religion rather than life to survive
  - Ex. Wanting a better Job and more salary

- **Getting a rotten life, growing to the level of our incompetence**
- Goals Are Not Physical but Spiritual
- **Your Goals reflect your Beliefs and Values**
    - **Our problems are Conflicting Beliefs and Values**
      - **We say we believe God is our provider, but we are afraid of tithing**
      - **Way we believe that God is our healer, but we are afraid of dying**
    - **Watch for self-justification and self-deception**
      - **We don't see them**
      - **We have idols that we worship more than God – Mt.22:37-38**
      - **They separate us from God and they always result in sin**

## **Questions to Consider**

1. **Why does setting formal goals cannot guarantee achieving them?**
2. **How can goals produce negative results?**
3. **Please explain how 1Tim.6:6-10 relates to Goal setting.**
4. **In what way are goals not physical but spiritual?**
5. **How can goal setting become idolatry?**
6. **How can the Law be diagnostic?**