

From Negative to Positive

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You Can Activate the Positive Cycle

First, Break the Negative Cycle

- UNDERSTAND
 - **Pro.13:12** – Hope deferred makes the heart sick, but when the desire comes, it is a tree of life
 - Each time your prayer is not answered in some way, you are in the negative cycle
- YOU CAN TAKE CHARGE OR RELINQUISH IT
 - Guard your heart with all diligence – **Pro.4:23**
 - Keep = guard, observe, preserve, protect
 - Issues = outcomes, results, boundaries
 - Denial or ignoring does not work, because your heart will control the exit
 - Moving from a position of lack to one of having
 - **2Cor.3:18** – Transformed from glory to glory as we look at Him

The Secret of How to Pray and Always Receive

Focus on What You Can Receive Now, Even If It's Small

- A first step, e.g. Feeling the anointing, Reduction of the pain or fear, etc.

Pay Attention, Be Present, Be Aware

- GOD AND YOUR FAITH WORK IN THE PRESENT
 - “I am the Lord who heals you.” (**Ex.15:26**) Not “who will heal you.”
 - Realize that your faith has worked, and be grateful – PRAISE GOD, REJOICE
- TWO THINGS CANNOT WORK IN YOUR HEART SIMULTANEOUSLY: faith and unbelief
 - Focus on what you have received then, not on what you don't have yet
- THIS HAS A GREAT IMPACT ON SICKNESS AND HEALING
 - When you pay attention to an organ, the blood flow and neurological and physiological activity changes in the direction of your belief, the body aligns itself to that truth (can be measured in Biofeedback)
 - When you pay attention to pain, generally the pain gets worse
 - When you pay attention on the healing, the pain decreases and you feel better
- This is what I do and why my prayers have been so effective at the PRAYER MINISTRY MEETINGS
 - If I succeed in directing your attention to what the anointing of God is doing at that time, you will receive
 - Most ministers do not know how it works, so it is hit and miss

Continue Receiving and Stay in the Positive Cycle

- Answered prayers make your faith grow
- FROM FAITH TO FAITH the righteousness of God is revealed – **Rom.1:17**

God Wants You Happy and Healthy – 3Jn.2

There Is No Substitute for Faith in Jesus' Work

- Religion is based on what you do - LEGALISM
 - Religion cannot make you happy because it creates the negative cycle
- THE SYMPTOM OF RELIGION
 - A SENSE OF LACK, looking at what you don't have –
 - **Col. 2:10** – Do you feel complete in Him, now?
 - **We always lack when we trust in ourselves, we never lack when we trust in Jesus**
 - This is what make people lie to get accepted, commit adultery because they don't feel loved, marry the wrong person because they feel lonely, steal because they don't have enough
 - A ROLLERCOASTER EXPERIENCE, unhappy, frustrated, angry with God and people –

- These things are not normal for a spiritually healthy Christian
- Religion has developed a THEOLOGY to justify the sense of lack
 - “God uses lack to bring you close to Him” – This is not how God motivates you –
Jam.1:16-18

Questions to Consider

1. Can you identify areas of your life where you are in a positive cycle and areas where you are in a negative cycle?
2. Can you develop a strategy to stop the negative cycle?
3. Can you remember and describe in detail events in your life when you experience the power of God? What was happening? What did you feel? What were the results?
4. What can you do to become more aware of God’s power working in you?
5. Can you describe how experiencing a sense of lack has in the past made you make wrong decisions?
6. Why is the attitude described in Psalm 23 the only way for us to have an intimate relationship with God?